

Holistic Comfort Questionnaire (Family)

Thank you VERY MUCH for helping us in the study of hospice nursing. Below are statements that pertain to your comfort right now. Four numbers are provided for each question; please circle the number you think most closely matches your feeling. Relate these questions to your comfort at the moment you are answering the questions.

	Strongly Disagree			Strongly Agree	
1. My body feels relaxed right now	1	2	3	4	5
2. We do not have enough privacy	1	2	3	4	5
3. There are those I can depend on when I need help	1	2	3	4	5
4. I worry about my family.....	1	2	3	4	5
5. My beliefs give me peace of mind	1	2	3	4	5
6. Our nurse(s) give me hope.....	1	2	3	4	5
7. My life is not worthwhile right now	1	2	3	4	5
8. I know that I am loved.....	1	2	3	4	5
9. These surroundings are pleasant.....	1	2	3	4	5
10. I have difficulty resting	1	2	3	4	5
11. No one understands me	1	2	3	4	5
12. My emotional pain is difficult to endure	1	2	3	4	5
13. I feel peaceful	1	2	3	4	5
14. I am afraid to sleep	1	2	3	4	5
15. I feel guilty.....	1	2	3	4	5
16. I do not like it here	1	2	3	4	5
17. I have no appetite	1	2	3	4	5
18. I am able to communicate with my loved one.....	1	2	3	4	5
19. This room makes me feel scared	1	2	3	4	5
20. I am afraid of what is next.....	1	2	3	4	5
21. I have special person(s) who make(s) me feel cared for	1	2	3	4	5
22. I have experienced changes which make me feel uneasy	1	2	3	4	5
23. I like my loved one's room to be quiet	1	2	3	4	5
24. We would like to see the doctor more often.	1	2	3	4	5
25. The room temperature in this room is fine	1	2	3	4	5

Please continue

		Strongly Disagree					Strongly Agree				
		1	2	3	4	5	1	2	3	4	5
26.	When this situation is over it will be difficult to resume my former responsibilities	1	2	3	4	5					
27.	I can rise above this situation.....	1	2	3	4	5					
28.	The mood around here is depressing	1	2	3	4	5					
29.	I need a comfortable chair or bed	1	2	3	4	5					
30.	This view inspires me.....	1	2	3	4	5					
31.	In retrospect, we've had a good life	1	2	3	4	5					
32.	I feel out of place here	1	2	3	4	5					
33.	I feel strong enough to do some things for my loved one	1	2	3	4	5					
34.	I think about my loved one's discomforts constantly.....	1	2	3	4	5					
35.	I feel confident spiritually.....	1	2	3	4	5					
36.	I need to be better informed about my loved one's condition	1	2	3	4	5					
37.	I feel helpless	1	2	3	4	5					
38.	We're okay with our personal relationships	1	2	3	4	5					
39.	This room smells fresh.....	1	2	3	4	5					
40.	I feel lonely	1	2	3	4	5					
41.	I am able to tell people what I need	1	2	3	4	5					
42.	I am depressed	1	2	3	4	5					
43.	We have found meaning in this experience.....	1	2	3	4	5					
44.	My friends remember us with their cards and phone calls.....	1	2	3	4	5					
45.	My loved ones' state of mind makes me feel sad	1	2	3	4	5					
46.	I think about the future a lot	1	2	3	4	5					
47.	My loved one is clean and dry	1	2	3	4	5					
48.	I'm concerned about finances	1	2	3	4	5					
49.	My God is helping me	1	2	3	4	5					

Are there any other questions you wished we had asked?

