

Psychiatric In-patients Comfort Scale (PICS-42) English version - Apóstolo, J. 2005

It doesn't  
correspond to  
anything that  
happens with  
me

①

It totally  
corresponds to  
what happens  
with me

⑤

1	My mouth and throat feel dry	①	②	③	④	⑤	⑥
2	The agitation and noise of this place disturb me	①	②	③	④	⑤	⑥
3	I feel rejected by my family.	①	②	③	④	⑤	⑥
4	I feel good with the world	①	②	③	④	⑤	⑥
5	I feel satisfied with my intimate relationships	①	②	③	④	⑤	⑥
6	This place brings me peace	①	②	③	④	⑤	⑥
7	My life is no longer meaningful	①	②	③	④	⑤	⑥
8	I feel my body shaking	①	②	③	④	⑤	⑥
9	I feel free	①	②	③	④	⑤	⑥
10	I have people who will help me if I need it	①	②	③	④	⑤	⑥
11	I trust the professionals who take care of me	①	②	③	④	⑤	⑥
12	This hospitalization is difficult to handle	①	②	③	④	⑤	⑥
13	My faith brings me peace of mind	①	②	③	④	⑤	⑥
14	I am upset that they find me different from other people	①	②	③	④	⑤	⑥
15	I have easy access to my stuff (personal belongings)	①	②	③	④	⑤	⑥
16	I feel that I have energy to work	①	②	③	④	⑤	⑥
17	I am able to co-operate with my treatment	①	②	③	④	⑤	⑥
18	I feel pain in my body	①	②	③	④	⑤	⑥
19	I feel protected in this place	①	②	③	④	⑤	⑥
20	If I need, I can ask others for help	①	②	③	④	⑤	⑥
21	I am happy with my personal relationships (family, friends)	①	②	③	④	⑤	⑥
22	I am physically well	①	②	③	④	⑤	⑥
23	The environment around me is pleasant	①	②	③	④	⑤	⑥
24	I feel peace of mind	①	②	③	④	⑤	⑥

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25	I feel my movements are stuck	①	②	③	④	⑤	⑥
26	I feel that the people here understand me	①	②	③	④	⑤	⑥
27	I feel nauseated	①	②	③	④	⑤	⑥
28	I feel imprisoned here	①	②	③	④	⑤	⑥
29	I feel physically strong	①	②	③	④	⑤	⑥
30	I feel I will be able to solve my financial problems.	①	②	③	④	⑤	⑥
31	I have trouble getting to sleep.	①	②	③	④	⑤	⑥
32	I need to be better informed about my illness	①	②	③	④	⑤	⑥
33	I feel out of control	①	②	③	④	⑤	⑥
34	I feel I will be able to contribute to the support of my family	①	②	③	④	⑤	⑥
35	I think this place is open	①	②	③	④	⑤	⑥
36	I feel I am able of orienting my life	①	②	③	④	⑤	⑥
37	I feel it is easy to move in this environment	①	②	③	④	⑤	⑥
38	I have enough privacy	①	②	③	④	⑤	⑥
39	I'm afraid	①	②	③	④	⑤	⑥
40	I feel my body relaxed	①	②	③	④	⑤	⑥
41	I feel confident	①	②	③	④	⑤	⑥
42	I feel I'm able to reestablish my personal relationships (family, friends)	①	②	③	④	⑤	⑥
env	I do not like it here						
env	The roles in this place disturbs me						
env	I feel out of place here						
env	This place makes me feel scared						
env	I would like to see my doctor more often						