

Childbirth Comfort Questionnaire

Data Collectors please read the statement below at each data collection time point. Circle her score.

Thank-you VERY MUCH for helping in this study about the feelings women experience during labor. I am going to ask you to rate how you feel about 14 statements. Please rate each statement from 1 to 5 with “1” meaning you ‘strongly disagree’ and “5” meaning you ‘strongly agree’ at this moment.

Example:

I am glad I am being asked these questions.....1 (strongly disagree) to 5 (strongly agree).

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- | | |
|--|-------------------|
| 1. I have enough privacy. | 1...2...3...4...5 |
| 2. My pain is difficult to endure. | 1...2...3...4...5 |
| 3. I feel empowered by those around me. | 1...2...3...4...5 |
| 4. I don't think I can do this without the help of others. | 1...2...3...4...5 |
| 5. I am working well with my body. | 1...2...3...4...5 |
| 6. This chair (bed) makes me hurt.* | 1...2...3...4...5 |
| 7. I can rise above my pain because it helps me birth my baby. | 1...2...3...4...5 |
| 8. I feel confident I can birth my baby. | 1...2...3...4...5 |
| 9. This room makes me feel weak and helpless. | 1...2...3...4...5 |
| 10. The pain of the contractions motivates me to be strong. | 1...2...3...4...5 |
| 11. This is a safe place to be. | 1...2...3...4...5 |
| 12. I feel like giving up. | 1...2...3...4...5 |
| 13. I worry I will lose control. | 1...2...3...4...5 |
| 14. I need to feel better informed about my progress. | 1...2...3...4...5 |

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Note: The Childbirth Comfort Questionnaire (CCQ) was developed and tested in 2002-2003. Face validity was accomplished by a panel of experts: midwives, obstetricians, labor and delivery nurses and women who had given birth. The instrument has a 0.71 Cronbach's (sample size n = 64). The instrument is administered twice during labor: latent & active phase. To score, reverse code the negative responses and total the sum. Higher totals mean higher comfort. This instrument was used in a population of primiparous women who gave birth in the United States. Further testing of the instrument is ongoing. For comments or questions please contact: (kschuli@nmu.edu) or 906-227-2834 or via mail:

Kerri Durnell Schuiling, PhD, CNM, FACNM
Professor & Associate Dean
Northern Michigan University School of Nursing
1401 Presque Isle Ave.
2301 NSF
Marquette, MI 49855