

<b>CURRICULUM VITA FOR KATHARINE KOLCABA, RN, PhD. 440-247-3319</b>
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**The University of Akron**  
College of Nursing  
Associate Professor Emeritus

Date of Appointment:  
August, 1987 - Dec. 31, 2007 (Full-time)  
Summers only: 2008-2010 (MSN Theory)

Graduate Faculty Status:  
Levels I and II

1997 through present

**Ursuline College**  
DNP Program  
Adjunct Faculty

Fall, 2010 (DNP Theory)

License Number: Ohio 21-09-5049

**EDUCATIONAL PREPARATION**

<u>Institution</u>	<u>Degree</u>	<u>Year</u>
<b>Frances Payne Bolton School of Nursing</b> Case Western Reserve University	Ph.D. in Nursing	1997
<b>Frances Payne Bolton School of Nursing</b> Case Western Reserve University Cleveland, Ohio	R.N. to M.S.N.	1987
<b>St. Luke's Hospital</b> School of Nursing Cleveland, Ohio	Diploma	1965

**TEACHING EXPERIENCE**

<u>Institution</u>	<u>Position</u>	<u>Year</u>
<b>The University of Akron</b> College of Nursing	Classroom/clinical instructor Bridge, Masters, and PhD Programs: Research & Theory Courses,	1999-present

**The University of Akron**  
College of Nursing

Clinical and Theoretical Instructor 1987 - 1999  
Baccalaureate Gerontological  
Curriculum

Dissertation Committees

Nancy Moriber, *Evaluating the Reliability and Validity of the Pediatric Perioperative Comfort Instrument: A Psychometric Study*. Graduated 2009 from Rush University College of Nursing.

Lydia Glaude, The University of Akron, *Psychometric Evaluation of the Self Comfort Questionnaire*, Graduated in 2009 from College of Nursing.

Denice Sheehan, The University of Akron, *Qualitative Examination of Conversations Among Children and Their Terminally Ill Parent in Hospice*. Graduated in 2007 from College of Nursing.

Mary Carol Lewis, University of Akron: Graduated 2002 from Sociology Department.

Keri Schuiling, *Comfort in Labor and Delivery*, Graduated 2003 from The University of Michigan.

Doctor of Nursing Practice  
Outside member, Francis  
Payne Bolton School of Nsg.

Mary Lewis, *Comfort Theory Applied to Hospice*,  
Graduated 2006.

Karen Estridge, *Comfort Theory Applied to Renal Dialysis Patients*: 2006-present.

Carol Porter, *Nurse and Patient Satisfaction in a Hospital with a Labor/Management Partnership*.  
Graduated 2009.

**PROFESSIONAL EXPERIENCE:** (other than teaching)

<u>Institution</u>	<u>Position</u>	<u>Year</u>
<b>Comfort Line, Inc.</b>	Consultant, Owner Invited Presenter & Educator	2005 – present

<b>Eldercare Coordinators</b>	Case Manager, part-time	1995 - present
<b>Univ. Hospitals of Cleveland ACE Unit</b>	Staff Nurse-PRN	1991 - 1995
<b>Margaret Wagner House Cleveland Heights, Ohio</b>	Faculty Practice/ Staff Nurse	1987-1991
<b>Margaret Wagner House Cleveland Heights, Ohio</b>	Head Nurse - Dementia Unit	1984 - 1987
<b>Cogswell Hall Cleveland, OH</b>	Instructor to elderly residents: Health Maintenance & Exercise	1984- 1987
<b>Sunny Acres Hospital Warrensville Town., OH</b>	Staff Nurse	1981 - 1983
<b>Cardinal Ritter Institute St. Louis, MO</b>	Staff Nurse/Home Nursing	1978 - 1979
<b>Clayton House Nursing Home Clayton, MO</b>	Staff Nurse	1976 - 1978
<b>St. Luke's Hospital Cleveland, OH</b>	Staff Nurse/Med-Surg	1965 - 1978

### CONSULTANT

Kolcaba, K. (2010). "The Contribution of Comfort to the Kaiser Permanente Three-part National Nursing Model." Webinar presentation to nurse leaders at Kaiser Permanente National Health System, Feb. 17. Live presentation to Summit of Nursing Leaders, April 29, 2010.

The Mount Sinai Hospital System, New York City. "Implementing Comfort Theory," Sept 2008 and "Progress Report," Sept 2009.

Kaiser Permanente, San Francisco. "Creating and Maintaining a Culture of Comfort at Kaiser Permanente," San Francisco, Feb. 2008 & Feb. 2009.

Kolcaba, K. (2009). "Care that Comforts: Back to the Future." Keynote speaker at the bi-annual nursing research day at Wright State University. Sponsored by Greater Dayton Nursing Research Association. Feb. 3.

Kolcaba, K. (2009). "Comfort in Perianesthesia Nursing." Keynote speaker at the annual Milwaukee area Peri-Anesthesia Nursing Conference. May 13.

NANDA, NIC, & NOC consultant with M. Killean, PhD., University of Michigan, regarding definitions of “Comfort as a nursing diagnosis,” with harmonious interventions and outcomes, 2005 to present. Submissions accepted and/or revised and resubmitted over this time period.

Ohio State University Medical Center, Pulmonary and Critical care Medicine, Columbus, Providing Comfort in MICU and SICU: Difficult Choices. OH. May 22, 2007.

Good Samaritan Hospital, Downers Grove, IL. “A Framework of Comfort for the Process of Applying for Magnet Status.” Presented to staff nurses, managers, and administrators at June 22, 2006..

The Catholic University of Portugal, Porto, Portugal. “The Development of a Theory of Comfort.” Presented to graduate nurses and faculty at Oct. 26-27, 2006.

Southern New Hampshire Medical Center: How to implement Comfort Theory when applying for Magnet Status. April 13, 14, 15, 2005. Workshop leader and consultant.

American Society of Peri Anesthesia Nurses: Speaker, 2001, 2002; Assistance with consensus conference on Pain and Comfort Guidelines for Clinical Practice (2002); Comfort Competency Chapter (2003)

Augustine Medical Incorporated: Assistance with design of thermal comfort study; Presentations at American Society of Operating Room Nurses (2003) and American Society of Peri Anesthesia Nursing (2003).

## **PUBLICATIONS**

### **Journals – Refereed**

Kolcaba, K. & Dowd, T. (2010). Measurement tools: Comfort Touch. *Connections in Holistic Nursing Research*, 2 (2), 4-5.

Apostolo, J. & Kolcaba, K. (2009). The effects of guided imagery on comfort, depression, anxiety, & stress of psychiatric inpatients with depressive disorders. *Archives of Psychiatric Nursing*, 23 (6), 403-411.

Kolcaba, K. & Mitzel, A. (2008). Two chapters: *Hand Massage; Simple Massage*. In A Clinical Guide to Evidence-Based Practice in Nursing (Ackley, Ladwig, Swan, & Tucker, Eds). Phila: Elsevier, Inc. (Invited). Pp. 402-407 504-508.

Dowd, T., Kolcaba, K., Steiner, R., Fashinpaur, D. (2007). Comparison of a healing touch, coaching, and a combined intervention on comfort and stress in younger college students. *Holistic Nursing Practice*, 21 (4), 194-202.

Kolcaba, K. (2010, 2007, 2003). The Theory of Comfort. Chapter in Middle Range Theories: Application to Nursing Research. Lippincott, Williams, & Wilkins. Pgs. 255-273. (Solicited by editors.) Book recommended by AACN for DNP students. 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> editions.

- Kolcaba, K. (2007-2008). Comfort as a Nursing Diagnosis. In Herdman, TH., Heath, C., Meyer, G., Scroggins, L., & Vassallo, B. (eds). Nursing Diagnoses: Definitions & Classification. St. Louis: Mosby, pg.34.
- Kolcaba, K., Tilton, C., & Drouin, C. (2006). Comfort theory: A unifying framework to enhance the practice environment. *Journal of Nursing Administration*, 36(11), 538-544.
- Kolcaba, K., Schirm, V. & Steiner, R. (2006). Effects of hand massage on comfort of nursing home residents. *Geriatric Nursing*, 27(2), 85-91.
- Kolcaba, K., & DiMarco, M. (2005). Comfort theory and its application to pediatric nursing. *Pediatric Nursing*, 31(3), 187-194.
- Kolcaba, K., Dowd, T., Steiner, R., & Mitzel, A. (2004). Efficacy of hand massage for enhancing comfort of hospice patients. *Journal of Hospice and Palliative Care*, 6(2), 91-101.
- Kolcaba, K., & Kolcaba, R. (2003). Fiduciary decision-making using comfort care. *Philosophy in the Contemporary World*, 10(1), 81-86.
- Kolcaba, K., & Wilson, L. (2002). The framework of comfort care for perianesthesia nursing. *Journal of Perianesthesia Nursing*, 17(2), 102-114. With post-test for 1.2 contact hours.
- Kolcaba, K. (2001). Evolution of the mid range theory of comfort for outcomes research. *Nursing Outlook*, 49(2), 86-92.
- Kolcaba, K., Panno, J., & Holder, C. (2000). Acute care for elders (ACE): A holistic model for geriatric orthopaedic nursing care. *Journal of Orthopaedic Nursing*, 19(6), 53-60.
- Kolcaba, K., & Steiner, R. (2000). Empirical evidence for the nature of holistic comfort. *Journal of Holistic Nursing*, 18(1), 46-62.
- Kolcaba, K., & Fox, C. (1999). The effects of guided imagery on comfort of women with early-stage breast cancer going through radiation therapy. *Oncology Nursing Forum*, 26(1), 67-71.
- Kolcaba, K. & Wykle, M. (1996). Comfort research: Spreading comfort around the world. *Reflections: Sigma Theta Tau International*, 23(2), 12-13.
- Kolcaba, K., & Fisher, E. (1996). A holistic perspective on comfort care as an advance directive. *Critical Care Nursing Quarterly*, 18(4), 66-76.
- Kolcaba, K. (1995). The art of comfort care. *Image: The Journal of Nursing Scholarship*, 27, 293-295.
- Kolcaba, K. (1995). Process and product of comfort care, merged in holistic nursing art. *Journal of Holistic Nursing*, 13(2), 117-131.

- Kolcaba, K. (1994). A theory of comfort for nursing. *Journal of Advanced Nursing, 19*, 1178-1184.
- Kolcaba, R., & Kolcaba, K. (1994). Health maintenance as a responsibility for self. *Philosophy in the Contemporary World, 1*(2), 19-24.
- Kolcaba, K., & Wykle, M. (1994). Assessment of health promotion in long-term care. *Geriatric Nursing, 15*, 266-269.
- Kolcaba, K. (1992). Holistic comfort: Operationalizing the construct as a nurse-sensitive outcome. *Advances in Nursing Science, 15*(1), 1-10.
- Kolcaba, K. (1992). The concept of comfort in an environmental framework. *Journal of Gerontological Nursing, 18*(6), 33-38.
- Kolcaba, K. (1991). A taxonomic structure for the concept comfort: Synthesis and application. *Image: Journal of Nursing Scholarship, 23*, 237-240.
- Kolcaba, K., & Kolcaba, R. (1991). An analysis of the concept comfort. *Journal of Advanced Nursing, 16*, 1301-1310.
- Kolcaba, K., & Miller, C. (1989). Geropharmacology: A nursing intervention. *Journal of Gerontological Nursing, 15*(5), 29-35.
- Dowd, T., & Kolcaba, K. (2007). Two interventions to relieve stress in college students. *AHNA Beginnings*, Winter 2007.
- Dowd, T., Kolcaba, K., & Steiner, R. (2006). Development of an instrument to measure holistic client comfort as an outcome of healing touch. *Holistic Nursing Practice, 20*(3), 122-129.
- Dowd, T., Kolcaba, K., Steiner, R., & Fashinpaur, D., (2007). Comparison of healing touch and coaching on stress and comfort in young college students. *Holistic Nursing Practice, 21*(4), 194-202.
- Dowd, T., Kolcaba, K., & Steiner, R. (2003). The addition of coaching to cognitive Strategies: Interventions for persons with compromised urinary bladder syndrome. *Journal of Ostomy and Wound Management, 30*(2), 90-99.
- Dowd, T., Kolcaba, K., & Steiner, R. (2002). Correlations among six measures of bladder function. *Journal of Nursing Measurement, 10*(1), 27-38.
- Dowd, T., Kolcaba, K. & Steiner, R. (2000). Cognitive strategies to enhance comfort and decrease episodes of urinary incontinence. *Holistic Nursing Practice, 14*(2), 91-102.
- Fox, C., & Kolcaba, K. (1996). Decision making in unsafe practice situations. *Revolution: The Journal of Nurse Empowerment, Spring*, 68-69.

- Kinion, E., & Kolcaba, K. (1992). Plato's model of the psyche. *Journal of Holistic Nursing, 10*, 218-230.
- Novak, B., Kolcaba, K., Steiner, R., & Dowd, T. (2001). Measuring comfort in families and patients during end of life care. *American Journal of Hospice and Palliative Care, 13*(3), 170-180.
- Schirm, V., Baumgardner, J., Dowd, T., Gregor, S., & Kolcaba, K. (2004). Development of a healthy bladder education program for older adults. *Geriatric Nursing, 25*(5), 301-306.
- Vendlinski, S., & Kolcaba, K. (1997). Comfort care: A framework for hospice nursing. *American Journal of Hospice and Palliative Care, 14* (6), 271-276.
- Wagner, D., Byrne, M., & Kolcaba, K. (2006). Effect of comfort warming on preoperative patients. *AORN Journal, 84*(3), 1-13.
- Wilson, L., & Kolcaba, K. (2004). Practical application of Comfort Theory in the perianesthesia setting. *Journal of PeriAnesthesia Nursing, 19*(3), 164-173.  
(Invited article)

#### **Books and Chapters in Books:**

- Kolcaba, K. & Kolcaba, R. (2010). Integrative Theorizing: Linking Middle-Range Nursing Theories with the Neuman Systems Model. In *The Neuman Systems Model* (5<sup>th</sup> edition, Neuman, B & Fawcett, J, Eds).
- Kolcaba, K. (2010). Impaired Comfort. In B. Ackley & G. Ladwig (Eds.). *Nursing Diagnosis Handbook: An evidence-based guide to planning care.* (9<sup>th</sup> edition), P. 222-225.
- Kolcaba, K. (2003). *Comfort theory and practice: A vision for holistic health care and research.* Springer Publishing Co. *To be translated into Japanese and published by Igaku-Shoin Ltd of Tokyo by December, 07.*
- Kolcaba, K. (2003 and 2007). The theory of comfort [Peterson S. & Bredow, T., Eds.] *Middle range theories: Application to nursing research.* Philadelphia: Lippincott, Williams, & Wilkins. Pgs. 254-272. Book recommended by AACN for DNP students. 2<sup>nd</sup> ed. [Solicited by editors.]
- Mitzel, A., & Kolcaba, K. (2008). Two chapters: *Hand Massage; Simple Massage.* In Ackley, Ladwig, Swan & Tucker (Eds.), *A clinical guide to evidence-based practice in nursing* (402-407; 504-508). Philadelphia: Elsevier. (Invited)
- Kolcaba, K. (2001). Sub-Chapter entitled "Kolcaba's Theory of Comfort" in *Core concepts for advanced nursing practice* ( pp. 418-422). St. Louis: Mosby.

- Kolcaba, K. (2001). Chapter 5: Holistic care: Is it feasible in today's health care environment? In H. Feldman (Ed.), *Nursing leaders speak out* (pp. 49-54) and formula for the outside. NY: Springer.
- Dowd, T. (2001 & 2005). Chapter 24: *Katharine Kolcaba: Comfort Theory*. In *Nursing theorists and their work* (5<sup>th</sup> Ed., pp. 430-442). St. Louis, MI: Mosby.
- Miller, C. (1998). *Nursing care of older adults*. Philadelphia: J.B. Lippincott. [Contributor for Chapters 1, 2, 22. Chosen AJN Book of the Year, 1990. In fourth printing].

### **Significant Citations:**

- Rothrock, J., Murpy, E., & Seifert, P. (2006). *Tea and toast for the perioperative nurse's spirit*. Denver: AORN Publications. (Preface by Editors about Comfort Theory, and Invited Forward by K. Kolcaba)
- Sitzman, K., & Eichelberger, L. (2004). *Understanding the work of nurse theorists*. Boston, MA: Jones & Bartlett. Chapter 18, Comfort theory: A holistic expression of nursing art (pp. 117-122).
- D. Robinson, & C. Kish (2001). Core concepts in advanced practice nursing, Section VI, Theoretical foundations: *Kolcaba's theory of comfort* (pp. 418-422) .
- B. Kozier, G. Erb, A. Berman, & K. Burke (2000). *Fundamentals of nursing: Concepts process, and practice* (6<sup>th</sup> Ed.). Chapter 25: Caring, comforting, and communicating ( pp. 430-431) . New York: Prentice Hall.
- Phillips, L., & Ayres, M. (1999). Supportive and nonsupportive care environments for the elderly. In A. Hinshaw, S. Feetham, & J. Shaver (Eds.), *Handbook of Clinical Nursing* (pp. 600-603). Newbury Park, CA:Sage.
- Kolcaba, K. (2002 & 2005). Comfort. [Includes definition, theory of comfort, relevance to nursing, review of comfort studies, and future directions.] *The Encyclopedia of Nursing Research* (1<sup>st</sup> and 2<sup>nd</sup> Ed.). New York: Springer Publishing Company.

### **Other Related Scholarly Activities**

- Kolcaba, K. (on line). Web Site: [www.TheComfortLine.com](http://www.TheComfortLine.com) Copyright 1997; updated continuously.
- Kolcaba, K., & Dowd, T. (2000). Kegel exercises: Strengthening the weak pelvic floor muscles that cause urinary incontinence. *American Journal of Nursing*, 100(11), 59.
- Kolcaba, K. (1999, September). Guided imagery study cited in *American Health Magazine*, p.47.
- Kolcaba, K. (1998, May). The art of comfort care. *Summa Research Progress Newsletter*.



- Kolcaba, K. (1988). A framework for the nursing care of demented patients. *Mainlines*, 9(6), 12-13.
- Kolcaba, K. (1987). Reaching optimum function is realistic goal for elderly. (Letter to the Editor). *Journal of Gerontological Nursing*, 13(12), 36.
- Fox, C., & Kolcaba, K. (1995). Unsafe practice: A lack of strategies for effective decision making. (News, notes, and tips). *Nurse Educator*, 20(5), p. 3-4.

## **PRESENTATIONS**

### **Papers/Podium – Refereed**

- Killeen, M. & Kolcaba, K. (2008). “Explicating the NANDA Diagnosis of Impaired Holistic Comfort.” Presented at the bi-annual NANDA conference in Miami, FL. November 10.
- Kolcaba, K. (2005, April). *Comfort Theory as a Framework for Magnet Status Application*. Sigma Theta Tau International and The Neuman Systems Model Trustee Group, Inc. Ft. Lauderdale, FL
- Kolcaba, K. (2004, February). *The Comfort Behaviors Checklist: Psychometric Testing of an Observational Instrument to Measure Patient Comfort*. Midwest Nursing Research Society, St. Louis, Missouri
- Kolcaba, K., & Dowd, T. (2003, March). *Effectiveness of Hand Massage for Enhancing Comfort and Related Outcomes for Patients Near End of Life*. Sigma Theta Tau International, Toronto, Ontario
- Kolcaba, K., & Kolcaba, R. (2002, April). *Fiduciary Decision Making Applying the Holistic Framework of Comfort Care*. The American Philosophical Association, Central, Chicago, IL
- Kolcaba, K., & Dowd, T. (2000, April). *Instrumentation study for end-of-life questionnaires/* Twenty-first Annual Research Symposium, Sigma Theta Tau, The University of Akron Chapter, Akron, Ohio.
- Kolcaba, K., & Dowd, T. (2000, March). *Instrumentation study for end-of-life questionnaires*. Midwest Nursing Research Society, Detroit, Michigan.
- Kolcaba, K. (1999, April). *The mid-range theory of comfort: Strategies for theory development*. Midwest Nursing Research Society, Minneapolis, MN.
- Kolcaba, K. (1998, March). *Development of Two Instruments to Measure Comfort of Women Going Through Radiation Therapy for Early Breast Cancer*. Midwest Nursing Research Society, Columbus, Ohio

- Kolcaba, K. (1997, December). *Effectiveness of Guided Imagery on the Comfort Needs of Women Going Through Radiation Therapy for Early Breast Cancer*. Sigma Theta Tau International. Indianapolis, IN.
- Kolcaba, K. (1997, April). *Effectiveness of Guided Imagery on Comfort of Women with Early Breast Cancer Choosing Conservative Therapy*. Midwest Nursing Research Society, Minneapolis, Minnesota.
- Kolcaba, K. (1997, November). *A Holistic Perspective on Comfort Care*. Paper presentation, University of Nebraska at Omaha.
- Kolcaba, R., & Kolcaba, K. (1993, August). *On Duties to Maintain Health*. Paper presentation, Institute for Advanced Philosophic Research, Estes Park, Colorado.
- Kolcaba, K. (1993, March). *A Theory of Holistic Comfort*. Paper presentation, Midwest Nursing Research Society, Cleveland, Ohio
- Kolcaba, K. (1992, November). *Operationalizing the Holistic Concept of Comfort*. West Virginia Nurses' Association. Silver Springs, West Virginia.
- Kolcaba, K. (1989, November). *The Concept of Comfort in Nursing Theory, Practice, and Research*. Sigma Theta Tau International, 30<sup>th</sup> Biennial Convention, Indianapolis, IN.
- Kolcaba, K., & Dawson, P. (1989, June). *A Framework of Care for Demented Patients*. International Congress of Gerontology, Mexico City. [Paper presented by co-author, Pam Dawson, Sunnybrook Medical Centre, Toronto].
- Kolcaba, K. (1987, October). *The Facilitative Environment Framework for the Nursing Care of Demented Patients*. University of Toronto Gerontological Association Conference, Toronto, Ontario.
- Dowd, T., Kolcaba, K., & Steiner, R. (2000, April). "Correlations among measures of bladder function and impact of urinary incontinence." Midwest Nursing Research Society, Dearborn, Michigan.
- Dowd, T., Kolcaba, K., & Steiner, R. (2004, March). *Nursing Best Practices in Urinary Incontinence Interventions for Older Adults*. Society of Urologic Nurses and Associates, Chicago, Illinois.

### **Invited Presentations and Workshops**

- Kolcaba, K. (2009). "Comfort in Perianesthesia Nursing." Keynote speaker at the annual Milwaukee area Peri-Anesthesia Nursing Conference. May 13.
- Kolcaba, K. (2009). "Maintaining a Culture of Comfort at Kaiser Permanente, San Francisco." San Francisco, CA, Feb. 11, 12, 13.

Kolcaba, K. (2009). "Care: that Comforts: Back to the Future." Keynote speaker at the bi-annual nursing research day at Wright State University. Sponsored by Greater Dayton Nursing Research Association. Feb. 3.

Kolcaba, K. (2008). A Framework of Patient Comfort at The Mount Sinai Hospital, New York City, NY. July and Sept.

Kolcaba, K. (2008). Creating a Culture of Comfort at Kaiser Permanente, San Francisco. San Francisco, CA, Feb. 5, 6, & 7.

Kolcaba, K. (2005, April). *Comfort Theory as a Framework for Magnet Status Application*. Sigma Theta Tau International and The Neuman Systems Model Trustee Group, Inc. Ft. Lauderdale, FL

Kolcaba, K. (2006, December 20). *What Theory Can Do For You*. Presentation for Staff Nurses and Administrators at Elyria Memorial Hospital, Ohio.

Kolcaba, K. (2006, October 26-27). *The Development of a Theory of Comfort*. Presentation for graduate nurses and faculty at The Catholic University of Portugal, Porto, Portugal.

Kolcaba, K. (2006, October 16). *Development and Application of Comfort Theory*. Presentation for Undergraduate Nursing Students and Faculty at Capital University, Columbus, Ohio

Kolcaba, K. (2006, July 17). *Application of a Framework of Comfort to Palliative Care*. Presented to staff nurses, managers, and administrators at Summa Health Center, Akron, Ohio

Kolcaba, K. (2006, June 22). *A Framework of Comfort for the Process of Applying for Magnet Status*. Presentation for Staff Nurses, Managers, and Administrators at Good Samaritan Hospital, Downers Grove, Illinois.

Kolcaba, K., & Weeks, B. (2005, August). *Establishing a Culture of Comfort: Framework and Interventions*. Northwest Medical Center, Seattle WA for the Comfort Month Presentation.

Kolcaba, K. (2005). *Establishing a Culture of Comfort – Where Ever You Are*. St. Luke Hospitals, separate presentations at: Fort Thomas and Florence, KY. Distinguished Lecturer Series to celebrate Nurses Week.

Kolcaba, K. (2005, April 14-15). *Our Comfort, Their Comfort*. Southern New Hampshire Medical Center. Utilizing Comfort Theory to Apply for Magnet Status. Leader of this 2-Day Workshop. Nashua, NH.

Kolcaba, K. (2004, October). *Establishing a Culture of Comfort – Where Ever You Are*. Third Annual Conference on Pain, Plymouth, MI. Sponsored by Henry Ford health System,

Michigan State University, St. Joseph Mercy Health System, and University of Michigan Health System.

- Kolcaba, K. (2004, May). *Patient Comfort: Let's Get Obvious*. Fairfield Medical Center, Lancaster, Ohio.
- Kolcaba, K. (2004, February). *Comfort Care: Let's Get Obvious*. Stark Carroll District Nurses Association., Canton, OH.
- Kolcaba, K. (2003, May ). *Comfort Theory for Pediatric Nurses*. Children's Hospital Education Center, Columbus, Ohio.
- Kolcaba, K. (2003, April). *Comfort Theory: A Program of Research for End of Life Care*. Midwest Nursing Research Society, Hospice and Palliative Care Research Section, Minneapolis, MN.
- Kolcaba, K., & Wagner, D. (2003, April). *Thermal Comfort: Beyond the Warm, Fuzzy Blanket*. American Society of PeriAnesthesia Nurses, Albuquerque, New Mexico.
- Kolcaba, K. , & Wagner, D. (2003, March ). *Thermal Comfort: Beyond the Warm, Fuzzy Blanket*. Association of Operating Room Nurses, Chicago, Illinois.
- Kolcaba, K. (2002, January). *The Relationship Between Comfort and Pain*. American Society of PeriAnesthesia Nurses. Nashville, Tennessee.
- Kolcaba, K. (2001, June ). *Comfort Care: A Framework for Enhancing Long Term Care*. Caring Connections Program, The Crown Center at Laurel Lake, OH.
- Kolcaba, K. (2001, March ). *Comfort Care: A Framework for Perianesthesia Nursing*. American Society of PeriAnesthesia Nurses. Boston, Massachusetts.
- Kolcaba, K (2000, May). *Gerontological Excellence in Baccalaureate Nursing Curriculum*. Invited Speaker, Life Care Centers of America, Cleveland, Ohio.
- Kolcaba, K. (1996, December). *The Art of Comfort Care*. Greater Cleveland Nurses Association, Cleveland, Ohio.
- Dowd, T., Fashinpaour, D., & Kolcaba, K. (2007, July). *Healing Touch: An Evidence-based Energy Therapy Application in a College Health Setting*. Ohio College Health Association Annual Meeting. Lancaster, OH.

#### **Posters – Refereed**

- Kolcaba, K., Dowd, T., Steiner, R., & Campbell, C. (2002, March & April ). *The Efficacy of Hand Massage for Enhancing Comfort and Related Outcomes for Patients Near End of Life*. MNRS, Chicago, IL., and STT, Research Day, Akron, Ohio

- Dowd, T., Kolcaba, K., & Steiner, R. (2001, March). *The Addition of Coaching to Cognitive Strategies: Interventions for Persons with Urinary Frequency and/or Urinary Incontinence.* Preliminary Results. MNRS, Cleveland, Ohio
- Dowd, T., Kolcaba, K., & Steiner, R. (2000, September ). *The Addition of Coaching to Cognitive Strategies: Interventions for Persons with Urinary Frequency and/or Urinary Incontinence, Preliminary Results.* The 30th Conference of the European Association of Behavioral and Cognitive Therapy, Granada, Spain.
- Dowd, T. , Kolcaba, K., & Steiner, R. (2000, June). *Coaching and Cognitive Strategies to Enhance Comfort for Persons with Urinary Incontinence.* International Congress of Cognitive Psychotherapy, Catania, Sicily.
- Dowd, T., & Kolcaba, K. (1999, April ). *Instrumentation Study of Questionnaires to Measure Bladder Function.* Midwest Nursing Research Society, Indianapolis, Indiana .
- Dowd, T., Kolclaba, K., Steiner, R.(1997, September ). *Cognitive Strategies to Improving Coping and Enhance Comfort in Adults with Urinary Incontinence.*” (with Dowd, T., & Dowd, E.T). Congress of European Association for Behavioral and Cognitive Therapies, Frankfort, Germany.
- Dowd, T., Kolclaba, K. , & Steiner, R.(1997, December). *A Cognitive Approach for Adults with Urinary Incontinence to Improve Coping Strategies, Enhance Comfort, and Decrease Urinary Incontinence Episodes.* Sigma Theta Tau International, Indianapolis, Indiana.
- Dowd, T., Kolclaba, K., & Steiner, R. (1997, September ). *Cognitive Strategies to Improve Coping and Enhance Comfort in Adults with Urinary Incontinence.* Congress of European Association of Behavioural and Cognitive Therapies, Venice, Italy.
- Dowd, T., Kolclaba, K., & Steiner, R. (1997, April). *Cognitive Strategies to Enhance Comfort and Coping with Urinary Incontinence.* The University of Akron and Delta Omega Chapter of Sigma Theta Tau, Annual Research Symposium, Akron, Ohio.
- Dowd, T., Kolcaba, K., & Steiner, R. (1997, April ). *Cognitive Strategies to Enhance Comfort and Coping with Urinary Incontinence.* Midwest Nursing Research Society Conference, Minneapolis, MN.
- Kolcaba, K. (1990, November). *An Analysis of the Concept Comfort.*. West Virginia Nurses Association Research Sumposium, Silver Springs, West Virginia.

#### **Papers – Not Refereed**

- Kolcaba, K. (2002, October & 2003, January). *Effectiveness of Hand Massage for Enhancing Comfort and Related Outcomes for Patients Near End of Life.* Akron General Medical Center and Summa Hospice, Akron, Ohio.

- Schirm, V., Dowd, T., Kolcaba, K., Schwarz, K., & Suen, L. (2001, March). *Impacting the quality of life for elderly persons through gerontological nursing research, practice, and education*. The Ohio Network of Educational Consultants in the Field of Aging, Akron, OH.
- Kolcaba, K (1998). *Comfort Care: The (lost?) Art of nursing*. Ohio Nurses Association Quarterly Meeting (Summit/Portage District). Akron, OH.
- Kolcaba, K (1997, October ). *Two Holistic Interventions to Enhance Patient Comfort: Designs and Result of Two Studies*. Akron General Medical Center, Ohio.
- Dowd, T., Kolcaba, K., & Steine, A. (1997). *Cognitive Strategies to Enhance Comfort, Cope with Urinary Incontinence, and Decrease Episodes of Urinary Incontinence*. Partnerships in Gerontology: towards the 21<sup>st</sup> Century Institute for Lifespan Development. Akron, OH.
- Kolcaba, K. (1996, September). *Teaching ACE: A New Model of Gerontological Nursing Education*. Paper presentation for CEU's Conference sponsored by Summa Health System and University Hospitals of Cleveland, Ohio.
- Kolcaba, K. Keynote Presentation, (1995, October 26). *LPN's Living Preventively*. Licensed Practical Nurses' Association of Ohio. Akron, OH.
- Kolcaba, K. (1991). *Practical Answers for Professionals*. Barberton, OH .Barberton Citizens Hospital. Presentation for break-out session.
- Kolcaba, K. (1992, May ). *Understanding Alzheimer's Disease*. Alzheimer's Disease Workshop. NEOUCOM. Sponsored by Alzheimer's Association, Akron Tri-County Chapter, Akron, OH.
- Kolcaba, K. (1999, February ) *The Multi-level Assessment Instrument: Correlation Between Administration by Group and by Interview*. Fifteenth Anniversary of the Institute for Life Span and Gerontology, Akron, OH.
- Kolcaba, K. (1987, March ). *Managing Difficult Behaviors*. Canton ADRDA, Canton, OH.

#### **Posters - Not Refereed**

- Dowd, T., Kolcaba, K., & Steiner, R. (2000, April 25). *The Addition of Coaching to Cognitive Strategies for Urinary Incontinence: Preliminary Analysis*. The 6<sup>th</sup> Annual Nursing Research Day Conference , Robinson Memorial Hospital, Ravenna Ohio.
- Kolcaba, K., Dowd, T., & Novak, B.(1999, April). *Instrumentation study for three hospice comfort questionnaires*. Robinson Memorial Hospital, Ravenna, OH.
- Dowd, T., Kolcaba, K., & Steiner, R. (1999, April). *Instrumentation Study for the Bladder Function Questionnaire*. Robinson Memorial Hospital, Ravenna, Ohio.

Dowd, T., Kolcaba, K., & Steiner, R. (1997, April). *Cognitive Strategies to Enhance Comfort and Coping with Urinary Incontinence*. ONECA 21<sup>st</sup> Annual Conference on Aging, Akron, OH.

Kolcaba, K. (1995). Research Framework Utilizing a Holistic Paradigm. Akron General Medical Center, Akron, OH.

Kolcaba, K. (1993). *Holistic Comfort: Instrumentation Study*. Akron General Medical Center, Akron, Ohio.

## **RESEARCH**

### **External Funding**

Dowd T., Kolcaba, K., Fashinpaur, D., & Steiner, R. (2005). *The Effects of Healing Touch and Coaching on Comfort and Stress in Young College Students*: \$500.00, Sigma Theta Tau, Delta Omega Chapter.

Schirm, V., Dowd, T., Kolcaba, K., & Neff, D. (2001-2003). Administration of Aging, DHHS: \$503,370. *Academic Nursing and Health Care Partnership for Best Practices: Development, Implementation, and Evaluation in Urinary Incontinence and End of Life Care*.

Kolcaba, K. & Schirm, V. (2001). Miami Valley Gerontology Council, Dayton, OH. \$1500.00: *The Effects of Hand/Wrist Massage on Comfort and Associated Outcomes for Residents in Long-Term Care*.

Schirm, V., & Kolcaba, K. (2001-2002). Bureau of Health Professionals/Health Resources & Services Administration/DHHS. \$25,000: *Web Enhanced Course for Nursing Experiences in Long Term Care*.

Dowd, T., Kolcaba, K., & Steiner, R. (1999). Kidney Foundation of Ohio, Cleveland, OH. \$10,000: *The Addition of Coaching to Cognitive Strategies: Interventions for Persons with Urinary Incontinence*.

Kolcaba, K. (1999, August). Sigma Theta Tau, Alpha Mu Chapter. *Instrumentation Study for Three End-of-Life Comfort Questionnaires*: \$500.00.

Kolcaba, K. (1998). *Three holistic hospice comfort measures: A psychometric study*: \$1300.00. Sigma Theta Tau, Delta Omega Chapter, Akron, OH.

### **Internal Funding**

Schirm, V., Dowd, T., & Kolcaba, K. (2003-2004). The University of Akron, Faculty Projects, \$10,000: *Assessment of Health Care Needs and Preferences of Older Adults in Opportunity Park*.

Kolcaba, K., Dowd, T., & Steiner, R. (2001-2002). College of Nursing Faculty Research Grant, \$1200.00. *Efficacy of Hand Wrist Massage on Comfort with Persons Near End of Life.*

Kolcaba, K., Dowd, T., & Steiner, R. (1998). The University of Akron, Faculty Projects, \$3,475.00: *Correlations Among Six Measures of Bladder Function.*

Dowd, T., & Kolcaba, K. (1996-97). The University of Akron, Faculty Projects, \$2,898.50: *Cognitive Strategies to Enhance Comfort, Cope with Urinary Incontinence, and Decrease Episodes of Urinary Incontinence.*

Kolcaba, K., Wykle, M. (1993, Spring) . Sigma Theta Tau, Alpha Mu Chapter: \$350.00. *Health Promotion Practices in Nursing Homes in Northeast Ohio.*

## **PROFESSIONAL ACTIVITIES**

### **Honors**

President's Award, Case Western Reserve University, February, 2008, Cleveland, OH.

Distinguished Alumni Award (May, 2007): The Cleveland General and Saint Luke's Nurses' Alumni Association. Cleveland, OH

2005 Mary Hanna Journalism Second Place Award ( 2004): in the *Best Practice Category* by American Society of Perianesthesia Nurses, in recognition of the article by Wilson, L. & Kolcaba, K. (2004). *Practical application of Comfort Theory in the perianesthesia setting. Journal of PeriAnesthesia Nursing. 19(3), 164-173.* (Invited article)

Excellence in the Utilization of Nursing Research (2003, May): Award from Sigma Theta Tau, Delta Omega Chapter.

2002 Mary Hanna Memorial Journalism Award (2003, March): for American Society of Perianesthesia Nurses in recognition of the article entitled *Comfort Care for Perianesthesia Nursing* by Kolcaba & Wilson (2002).

Advancement of Science Award (2003, March): from Midwest Nursing Research Society, End of Life and Palliative Care Nursing.

Nominated for Distinguished Women in Healthcare Award (2000, Summer): Sponsored by the Visiting Nurse Association, Healthcare Monitor, and National City Bank, Cleveland, Ohio.

Links2 Go "Key Resource in Nursing Theories" (2000, July). 2<sup>nd</sup> place. Each quarter, Links2Go samples millions of web pages to determine which pages are most heavily cited by web pages authors. Out of 16 pages selected as Key Resources



for this topic, The Comfort Line ranked *second*.

AACN/Hartford Institute for Geriatric Nursing Award (1999) for exceptional curriculum in Undergraduate Gerontologic Nursing. Washington, DC, [Leadership for curriculum development.]

Society of Scholars (1997-Present): Nurses' Educational Funds. [Invited Research Consultant] Midwest Nursing Research Society. (Topics to include comfort studies, concept analysis, and theory development.)

L.M. Hiemenz, and L.C. Perry Memorial Scholarship (1996-1997). American Nurses Association . \$4, 500.00 scholarship to complete doctoral program.

Honor a Researcher Award (1995, Winter) from Midwest Nursing Research Society.

Lillian DeYoung Research Award and Chapter Research Grant ( 1995, March): Award in recognition of outstanding merit, research and development.

Reviewer for Taxonomy of Nursing Interventions :Iowa Project (1993, June).

Pre-Doctoral Fellowship, Interdisciplinary Health (1991 – 1992) from Case Western Reserve University.

Selected to be included in Who's Who in American Nursing (1994 – present).

Cushing Robb Prize (1987, May). CWRU. Outstanding performance in Master's degree program.

### **Professional Organizations**

- **American Nurses Association**, Portage & Summit County District
  - Patriots for Change, member since 2005, treasurer 2009 - present
- **Elderlife**, Board of Directors, , 3 two-year terms from 1990 – present
- **Elderlife**, Volunteer Luncheons, 2007 - present
- Parish Nursing, Chagrin Valley, 1997-present

### **Community Organizations**

- Convener and Coordinator, Parish Nursing, The Federated Church, 1997-present
- Board of Directors, League of Women Voters, Chagrin Valley, 1994-2003
- Board of Directors, Elderlife, Chagrin Falls, 2006-2009; 1995-2003; 1989-1992
  - Coordinator, Healthy Body Series

## **College and University Activities**

### **College of Nursing Committee Memberships**

- Liaison to AAUP, 2003-2007
- JPND Nominating Committee 2003-2005
- JPND Curriculum Committee 2005-2006
- Task Forces: Merit Review (SP 06), Clinical Tenure Track Criteria (SP 06), JPND overview of curriculum and progression, 2005-2006
- University Park Alliance, 2004-present
- Master's Curriculum, 2004-2005
- Policies and Bylaws, 2002-2004; chair 2004
- Vice Chair, Faculty Organization, 2002-2003
- -College Council 1998-99, 2000-2001, 2001-2002
- Research Committee 1997-99 and 2000-2002
- Search Committee 1999-2001
- RTP Committee 1998-2000
  - UFO representative to GFO, 1997-1998
  - Administrative Council, 1997-1998
  - Committee on Student Appeals, 1997-1998
  - Ad Hoc Faculty Lounge and Tea Committee, 1996-present
- World Wide Web Task Force, 1996-1999
- Strategic Planning Committee, 1994-1996
- LRC Advisory Board, 1993-1997
- Continuing Education Committee, College of Nursing, 1989-99
- Admissions, Progression, and Graduation Committee, 1988-89

### **University Committees**

- AAUP Executive Committee for unexpired term, 2005
- Faculty Senate, 2002-2005
  - Facility Planning and Parking Committee, 2002-2005
  - Technology Committee, 2004-2005
- Advisory to President, 2001-2002; 1998-1999
- Ad Hoc Dean's Evaluation Advisory Committee, 2000-2001
- Ad Hoc RTP committee, convened by Provost Hickey, 2000-2001
- Chair, Ad Hoc WOW committee, Assessment and Evaluation of Faculty, Spring, 2000
- Ad Hoc Committee to Review and Select Teaching Excellence - Grant Applications, 1997
- Advisory Committee to Provost, 1995-1996